



## PE

### Intent

The intent for PE is based on our curriculum driver: Be Brave. This driver underpins our approach to learning by providing opportunities for all our children to challenge themselves, take risks and build resilience. We aim to inspire young people to participate in and enjoy physical activity. It is our intention to develop the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. Children will be encouraged to think, select and apply skills. They will develop an understanding of how physical activity contributes towards a healthy lifestyle. Our intent is that pupils:

- Understand how to be a good sport.
- Develop confidence and competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy and active lives.

### Implementation

In Foundation 2, we follow the EYFS Statutory Framework and we introduce the subject of PE through the prime area 'Physical Development'. In Key Stage 1, we follow the National Curriculum. KS1 children will experience two PE sessions every week and children in F2 will experience one PE lesson a week but will also access a range of fine and gross activities as part of their continuous provision. Each lesson will begin with a quick WIS Quiz in which the children will have the opportunity to recall prior learning including discussing the importance of regular exercise and the impact it has on our body.

In addition to their PE lessons, all children will have the opportunity to take part in a termly sports activity, organised by the PE subject leader. These sessions aim to further build on children's agility, balance and coordination skills but also highlight the importance of regular exercise and physical activity. All children will also take part in a variety of sports activities during our half-

termly wellbeing days. Through our collaboration with Next Level Sports, children will participate in sports competitions against other schools on 4 occasions across the year. In order to promote the importance of regular exercise outside of PE lessons, staff will encourage children to be active at playtimes and lunchtimes by utilising outdoor sports equipment and resources.

The quality of teaching and learning in PE is monitored and moderated throughout the year. Lessons are designed to promote collaborative and active learning to enable opportunities for all children to succeed.

## **Impact**

All children will be exposed to high quality teaching and learning that contributes to deep learning and changes being made to their long-term memory. We assess this against the PE knowledge progression framework we have created for our school. As a school, we understand that deep learning takes place when knowledge and skills are revisited regularly. The children will be given the opportunity to apply their existing knowledge and skills. New learning will be taught all the time whilst revisiting prior learning. In this way, learning will take place over an entire Key Stage, enabling the children to revisit learning regularly whilst building upon knowledge and skills. By the end of their time at Woodthorpe Infant School, our children will have developed skills needed to be successful in sport and understand how they can apply these in Key Stage 2 and in future careers.

## **PE and SEND**

For pupils with SEND, adaptations may be made in PE which are based on the child's individual needs. We ensure that pupils with SEND are appropriately challenged in PE by:

- Using teaching methods which match the needs of children.
- Chunking content into smaller steps and ensuring the curriculum is designed to reduce excessive or unhelpful demands on working memory.
- Ensuring adaptations are based on individual needs and aim to retain ambition for pupils with SEND.
- Understanding that, for pupils with more complex SEND needs, it may be appropriate to have different curriculum expectations.