



# Online Safety at Woodthorpe

Spring 2



At Woodthorpe, we teach Online Safety through our Respect Curriculum. We follow the Education for a Connected World Framework, published by the UK Council for Internet Safety. Each year group explores the same strand at the same time, with learning also being shared in whole school assemblies. Here is an overview of what we will be learning this half term.

## Health, Wellbeing and Lifestyle

This strand explores the impact that technology has on health, well-being and lifestyle e.g. mood, sleep, body health and relationships. It also includes understanding negative behaviours and issues amplified and sustained by online technologies and the strategies for dealing with them.

### Reception

Children in Reception will be considering the rules they have about using technology. They will explore what to do if they are worried or unsure about something online.

### Year 1

Year 1 children will be learning to identify rules that help keep them safe and healthy when using technology. They will identify at least one trusted adult who can help them stay safe when using technology.

### Year 2

Children in Year 2 will be considering how rules can help anyone accessing online technologies. They will explore how their body can react when using technology for a length of time.

## Growing Healthy Habits for an Online World

Digi Daisy is our school online safety mascot. She was designed by one of our pupils and made into a puppet to use in school. She helps us grow healthy habits when using devices. We will share more about each habit below. Do chat with your child about the habits - they are helpful habits to have at home and at school.



### Digi Daisy says it's important to mix it up a little!

In school we teach children that a variety of activities is healthy. Children need to be encouraged to choose different things to do during the day. Questions such as 'What other things shall we do together?' and 'What other things can I do?' are useful to encourage them to think of doing something different.



## Want to know more?

Online Safety Guides and Resources for parents:

Wake Up Wednesday - a Facebook page with regular Online Safety updates:

